**Jeff Krasno Bio**

**Long Bio**

In 2018, Jeff co-founded Commune Media, an online learning platform for personal and societal well-being. As CEO & Chairman, Jeff focuses on business development and talent relationships. Jeff also hosts the Commune podcast, interviewing a wide variety of luminaries from Deepak Chopra and Marianne Williamson to Matthew McConaughey and Gabor Mate. Jeff pens a weekly essay exploring spirituality, culture and politics that is distributed to over one million people.

Jeff attended The Hotchkiss School and received his BA in 1993 from Columbia University. In 2008, Jeff co-created the concept for [Wanderlust](https://wanderlust.com/), a series of large-scale events combining yoga & wellness with the arts. Wanderlust became the world’s most recognized wellness events brand with 65 events in 20 countries. Jeff served as co-CEO for eight years.

Jeff serves on the board of [Pure Edge](http://pureedgeinc.org/), a non-profit organization dedicated to integrating yoga and mindfulness curriculum into the public school system. Jeff is a contributor to the [Huffington Post](http://www.huffingtonpost.com/author/jeff-krasno) and [Fast Company](https://www.fastcompany.com/3028612/10-policies-to-build-a-mindful-company). His first book, eponymously named, [*Wanderlust*](https://www.amazon.com/Wanderlust-Modern-Yogis-Guide-Discovering/dp/1623363500/ref=pd_lpo_sbs_14_img_0?_encoding=UTF8&psc=1&refRID=FD21MCFWWKP3GD3KJ8DS), debuted in May 2015 on Rodale and has sold more than 50,000 copies worldwide. He also curated the Wanderlust cookbook, [*Find Your True Fork*](https://www.amazon.com/Find-Your-True-Fork-Krasno/dp/1623369657) which came out in July 2017.

In 2016, he was selected by Oprah Winfrey to be part of the [SuperSoul100](http://www.supersoul.tv/supersoul-100/entrepreneurs/jeff-krasno) as one of the nation’s leading entrepreneurs.

In 1995, Jeff married Schuyler Grant, his college sweetheart. Schuyler, a yoga teacher and director of [Kula Yoga Project](http://kulayoga.com/), served as the inspiration for Wanderlust. Jeff & Schuyler have three beautiful daughters, Phoebe, Lolli and Micah. They currently live in Los Angeles, California.

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**Short Bio**

In 2018, Jeff co-founded Commune Media, an online learning platform for personal and societal well-being. As CEO & Chairman, Jeff focuses on business development and talent relationships. Jeff also hosts the Commune podcast, interviewing a wide variety of luminaries from Deepak Chopra and Marianne Williamson to Matthew McConaughey and Gabor Mate. Jeff pens a weekly essay exploring spirituality, culture and politics that is distributed to over one million people.

Jeff is also the co-creator of Wanderlust, a global series of wellness events. In 2016, he was selected by Oprah Winfrey to be part of the [SuperSoul100](http://www.supersoul.tv/supersoul-100/entrepreneurs/jeff-krasno) as one of the nation’s leading entrepreneurs. In 1995, Jeff married his college sweetheart, Schuyler Grant. They live in Los Angeles and have three daughters.